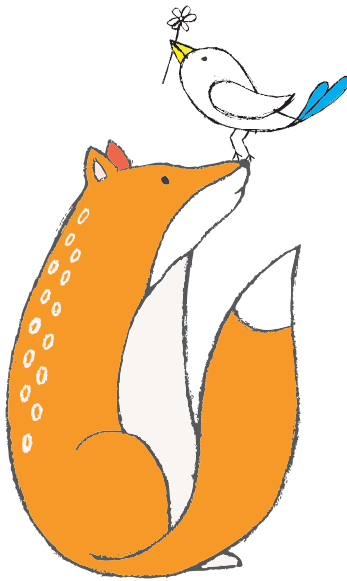




**SENECA ACADEMY**  
*Preserving the Wonder of Childhood*



# Elementary Spring Clubs 2020

Registration due by March 6, 2020.



# Spring 2020

## Elementary Clubs

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Fox Club</b> (Mrs. Salimbene's Classroom) 7:30-8:15 am</p>	<p><b>Fox Club</b> (Mrs. Salimbene's Classroom) 7:30-8:15 am</p>	<p><b>Fox Club</b> (Mrs. Salimbene's Classroom) 7:30-8:15 am</p>	<p><b>Fox Club</b> (Mrs. Salimbene's Classroom) 7:30-8:15 am</p>	<p><b>Fox Club</b> (Mrs. Salimbene's Classroom) 7:30-8:15 am</p>
<p><b>Nature's Best</b> (Bretton Woods) K-5th 3:15-5:30 pm</p>	<p><b>Seneca Fox Singers</b> (Music Room) 1st-5th 3:15-4:30 pm</p>	<p><b>Kyle's Karate</b> (Gathering Room) K-5th 3:15-4:30 pm</p>	<p><b>Seneca Kids Run!</b> (Outdoor Habitat) K-5th 3:15-4:30 pm</p>	<p><b>Sculpture</b> (Art Room) K-5th 3:15-4:30 pm</p>
<p><b>Fox Club</b> (Media Center) 3:15-5:30 pm</p>	<p><b>Fox Club</b> (Media Center) 3:15-5:30 pm</p>	<p><b>Fox Club</b> (Media Center) 3:15-5:30 pm</p>	<p><b>Fox Club</b> (Media Center) 3:15-5:30 pm</p>	<p><b>Fox Club</b> (Media Center) 3:15-5:30 pm</p>

# Nature's Best

## at Bretton Woods

Nature's Best is a fantastic way for students of all ages to interact with each other and the natural world, learn new skills, and appreciate the people and environment around them and abroad. This club nurtures the mission and vision of Seneca Academy by fostering responsibility for self, others, and the environment, as well as intellectual, physical, and emotional skills. Every activity has a global discussion point attached to broaden students' awareness and imagination.

Students will be participating in different activities each week, including building and launching bottle rockets, firing 100-yard slingshots, hiking on the C&O Canal, campfire cooking, native clay crafting, primitive skills, low ropes/zip lining, and making a bee habitat. Accompanying discussion topics are: exploration, design thinking, conflict resolution, local history, food/nutrition/hunger, natural resources, community building and celebrating diversity, and ancient cultures. Students will also receive a *Leave No Trace* certificate after completing a workshop that includes 7 principles of outdoor ethics (more information at [Int.org](http://Int.org)). Some activities may be combined and additional activities may be added, such as canoeing, stand-up paddleboarding, tubing, and rope swinging into the creek depending on water temperatures, level, and desire.

### ***\*permission slip required for bus transportation***

<b>Who:</b>	Any K-5th grader
<b>When:</b>	Mondays from 3:15-5:30 pm (8 sessions) March 23, 30 April 20, 27 (No Club 4/6 or 4/13) May 4, 11, 18 (No Club 5/25) June 1
<b>Where:</b>	Bretton Woods (10 minutes away; transportation provided on Seneca Academy bus)
<b>Cost:</b>	\$280
<b>Instructor:</b>	Mr. David Ritter, Bretton Woods Youth Leadership Staff
<b>Class Size:</b>	4-12 students

# Seneca Fox Singers

Fox Singers learn musical concepts through engaging music activities and vocal performance. Students work to develop skills in general music, music reading, vocal technique, solfege, and performance practices in a fun and encouraging environment. Students will receive a Fox Singers binder, sheet music, and a practice CD to use outside of class. Students can expect to experiment with percussion, boom whackers, kazoos, Orff, and other instruments. Fox Singers may participate in the Music in the Parks Festival at Hershey Park, PA.\*

<b>Who:</b>	Any 1st-5th grader
<b>When:</b>	Tuesdays from 3:15-4:30pm (7 sessions) (No Club in March) April 14, 21, 28 (NO Club 4/7) May 5, 12, 19, 26 TBD - Trip to Hershey Park*
<b>Where:</b>	Music Room
<b>Cost:</b>	\$150
<b>Instructor:</b>	Mrs. Jennifer Mitchell
<b>Class Size:</b>	8-12 students

***\* Sign-up and payment for the Hershey Park trip will be done through Mrs. Mitchell at a later date.***

# Kyle's Karate

Kyle's Karate is a well-rounded mixed martial arts self-defense program that combines exciting instruction with practical, effective techniques. Students will learn to guard and protect themselves whether they are standing up, in close quarters, or on the ground. Discipline, respect, and confidence are an integral part of this class. Each child will learn essential kicks, punches, and blocks, along with self-defense elbow and knee strikes. All techniques are always practiced on equipment held by the instructor, never student-to-student. Most importantly, your child will gain confidence in themselves and their ability to succeed. **\*waiver and release required**

<b>Who:</b>	Any K-5th grader
<b>When:</b>	Wednesdays from 3:15-4:30 pm (8 sessions) April 15, 22, 29 May 6, 13, 20, 27 June 3
<b>Where:</b>	Gathering Room
<b>Cost:</b>	\$230, including uniforms, belts (new students) & belt test/promotion ceremony during last session
<b>Instructor:</b>	Mr. Kyle Mitcham/Kyle's Karate
<b>Class Size:</b>	6-12 students

*Mr. Kyle, as the students call him, has been teaching martial arts since 2009 and holds a black belt in traditional Tang-soo-do, a sister martial art of taekwon-do, along with training in various other disciplines such as Muay Thai and MMA.*

# Seneca Kids Run!

As the weather gets warmer and the days get longer, get ready for summer by getting out and getting active! Kids will get a chance to run with engaged and caring Seneca volunteers, staff, and parents as they discover the wonderful sport of running. Running is a great way for kids to learn valuable lessons about dedication and perseverance, setting goals, and coping with challenges. Most importantly, kids will have fun as they play games with another and build their athletic endurance. Parents are encouraged to drop in and run with their kids to model healthy lifestyle habits and enjoy our beautiful school grounds. Students should have proper footwear and clothing for running.

***\*waiver and release required***

<b>Who:</b>	Any K-5th grader
<b>When:</b>	Thursdays from 3:15-4:30 pm (8 sessions) March 26 April 2, 16, 23, 30 (No Club 4/9) May 14, 21, 28 (No Club 5/7) (No Club 6/4)
<b>Where:</b>	Seneca Academy outdoor habitat
<b>Cost:</b>	\$75
<b>Instructor:</b>	Dr. Ryan Landoll
<b>Class Size:</b>	6-12 students

***We need parent volunteers to assist with this club! SSL hours are also available for high school students who help. Please sign up by emailing [office@senecaacademy.org](mailto:office@senecaacademy.org).***

# Saddle Club

## at Calleva Horse Adventure Programs

Saddle Club is a wonderful opportunity for students of all ages to get out in the fresh air, learn a new hobby, or improve on existing horsemanship skills. The benefits of working with horses are endless. Horsemanship develops self-confidence, improves self-efficacy, teaches responsibility, and fosters empathy. It is also loads of fun, especially when surrounded by other students with similar interests with whom friendships can be built!

More Details:

- Students will ride in a lesson setting for approx. 45 minutes, typically.
- Each Clubber will have a chance to catch, groom, and saddle their horses, learn interesting horse-related topics, and help with barn chores, as well as receive support with homework.
- Our instructors at CHAPs are certified, safety-conscious, fun, and loving!
- No experience is required and returnees are welcome!

<b>Who:</b>	Any K-5th grader
<b>When:</b>	Thursdays from 3:15-6:00 pm (7 sessions) (No Club in March) April 16, 23, 30 (No Club 4/7) May 7, 14, 21, 28
<b>Where:</b>	Calleva Inc., Poolesville; <u>transportation provided</u> with pick-up at 3:15 pm at Seneca Academy & drop-off at 6:00 pm at Seneca Academy
<b>Cost:</b>	\$280
<b>Instructor:</b>	Calleva Horse Adventure Programs Staff; email <a href="mailto:tess@calleva.org">tess@calleva.org</a> with questions
<b>Class Size:</b>	6-12 students

**Register online at**  
**<https://senecaacademy.org/saddleclub>.**



# Sculpture

Little and big hands will have fun creating relief and three-dimensional sculptures. Working with color plastilina (modeling clay) and other media allows the artist to explore possibilities using three-dimensional spaces. Inventive projects allow the artists to develop inner expressions, strengthen fine motor skills, and expand their own talents. Directed projects will emphasize themes about our natural environment. There will be an Art Show on the last day of class for the student artists to showcase their work.

<b>Who:</b>	Any K-5th grader
<b>When:</b>	Fridays from 3:15-4:30 pm (7 sessions) March 27 April 3, 17, 24 (No Club 4/10) May 1, 8, 15 (No Club 5/22 or 5/29)
<b>Where:</b>	Art Room
<b>Cost:</b>	\$145
<b>Instructor:</b>	Mrs. Holly Solano
<b>Class Size:</b>	6-12 students

# Fox Club

Before and After Care  
March 30 - June 5

<b>Who:</b>	Any K-5th grader
<b>When:</b>	Daily from March 30 - June 5 <u>Morning</u> - 7:30-8:15 am <u>Afternoon</u> - 3:15-5:30 pm <u>After Clubs</u> - 4:30-5:30 pm
<b>Where:</b>	<u>Morning</u> - Mrs. Salimbene's Classroom <u>Afternoon</u> - Media Center/Playground
<b>Cost:</b>	<u>Morning</u> - \$57/day <u>Afternoon</u> - \$172/day <u>After Clubs</u> - \$60/day
<b>Instructor:</b>	Mrs. Sue Ann Salimbene
<b>Class Size:</b>	5-15 students

# There are two ways to register & pay for clubs!

Parents have two options for registration and payment for clubs and before/after-care.

1. You can return the form at the end of the clubs booklet with a check payable to Seneca Academy.
2. You can register and pay for clubs online (online registration is only available until March 6, 2020).

There will be no additional credit card processing fee for using the online service; it is being offered as a convenience to our Seneca community.

To register online, please visit [senecaacademy.org/before-after-school-activities](https://senecaacademy.org/before-after-school-activities) and click on "Register for Spring Elementary Clubs."

If you have any questions regarding this process feel free to contact the front office at (301) 869-3728.

**In order to ensure timely club registration and processing, families should register by March 6, 2020. Registrations received after 3/6/2020 will have an added \$25 late fee that must be paid in order to complete registration.**

## **Seneca Club Policies**

- Students will be accepted on a first-come, first-served basis; priority will be given to Seneca Academy students before other community applicants.
- Seneca Academy reserves the right to cancel any club due to underenrollment. There will be a refund for cancelled clubs.
- Students who have an outstanding balance are not eligible to enroll in clubs until their account is current.
- No make-ups will be given for student absences and no credit issued for withdrawal after the payment deadline.
- Students are expected to follow all class and school rules at all times. The teacher reserves the right to refer a student for expulsion from class based on dangerous, disrespectful, or disruptive behaviors.
- Payment is due at the time of club sign-up. Placement in a club is not guaranteed until payment is received.
- Students may not begin attending a club until payment is received or a written payment plan is in place.
- Make-up days for clubs will be determined if the need arises, as the calendar permits.

## **Club Payment Policies**

- Before and After Care contracts will be charged on a per term basis and are due at the time of club sign-up.
- Emergency drop-in care is available and is billed at the end of each month at a \$12.00 per hour rate. Invoices for drop-in care will be emailed.
- Payment for drop-in is due within 14 days of the invoice date. There is a \$10.00 late fee each month for late payments of the invoices.

### **Additional Fees**

- If you choose to change your aftercare option after the term begins, a \$25.00 administrative fee will be assessed.
- Late fees for pick-up of your child after 5:30 pm are due within 3 business days or before your child returns to after-care, whichever comes first. Fees are assessed as follows:
  - \$5.00 for the first five minutes late, and
  - \$2.00 for every additional minute.
- There is a \$30.00 charge for returned checks.
- Please add a \$25.00 late fee for registrations submitted after the due date.

# Seneca Academy

## Spring 2020 Elementary Club Registration Form

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent Email: \_\_\_\_\_

	DESCRIPTION	FEE	TOTAL
	<b>Nature's Best*</b> - Mondays <i>*please complete &amp; return permission slip with registration</i>	\$280	
	<b>Seneca Fox Singers</b> - Tuesdays	\$150	
	<b>Kyle's Karate*</b> - Wednesdays <i>*please complete &amp; return waiver with registration</i>	\$230	
	<b>Seneca Kids Run*</b> - Thursdays <i>*please complete &amp; return waiver with registration</i>	\$75	
	<b>Calleva Saddle Club</b> - Thursdays	Register directly with Calleva	
	<b>Sculpture</b> - Fridays	\$145	
	<b>AM Fox Club</b> 7:30-8:15 am	<b>Circle Days</b> M T W Th F	\$57/ day
	<b>PM Fox Club</b> 3:15-5:30 pm	<b>Circle Days</b> M T W Th F	\$172/ day
	<b>PM After Clubs</b> 4:30-5:30 pm	<b>Circle Days</b> M T W Th F	\$60/ day
<b>Total for Spring Term</b>			

**Please register and pay online**  
**or return this page with payment by 3/6/2020.**  
**Checks are payable to Seneca Academy.**  
**Please add a \$25 late fee for any registration after 3/6/2020.**

## Waiver for Kyle's Karate

Kyle's Karate is a well-rounded mixed martial arts self-defense program that combines exciting instruction with practical, effective techniques. Uniforms, belts, and belt promotion ceremonies are included. Students will learn to guard and protect themselves whether it be standing up, close quarters, or on the ground. Discipline, respect, and confidence are an integral part of this class. Each child will learn essential kicks, punches, and blocks, along with self-defense elbow and knee strikes. All techniques are always practiced on equipment held by the instructor, never student-to-student. Most importantly, your child will gain confidence in themselves and their ability to succeed.

### Waiver and Release:

Participation in sports can be inherently dangerous and it is impossible to ensure the safety of all participating individuals. This program incorporates simple and safe physical activities. Although many risks can be avoided, I understand that not all risks can be and release Kyle's Karate from responsibility for any injury that my child might incur during the course of normal class participation. I also understand that by providing my email address, I consent to receive updates from Kyle's Karate regarding class curriculum and progress. I do hereby consent and agree that Kyle's Karate has the right to take photographs and video of my child during class sessions. These photos and video may be used on the website [kyleskarate.com](http://kyleskarate.com), company Facebook page, and promotional material without compensation. I understand that my child's name and identity will not be revealed. If you would prefer we not take photographs of or video your child, please notify Kyle's Karate via email.

Name of Child: \_\_\_\_\_

Parent/Guardian Email Address: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_  
(please print)

Signature of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

## Consent Form and Permission Slip for Nature's Best

I give permission for my child, \_\_\_\_\_,

(please print student's name)

to ride the Seneca Academy school bus to and from Bretton Woods Recreation Center to participate in the Nature's Best after-school club on the following dates in 2020:

- March 23
- March 30
- April 20
- April 27
- May 4
- May 11
- May 18
- June 1

I also consent to my email address being provided to Bretton Woods for the sole purpose of communicating with me about club activities.

Email Address \_\_\_\_\_

(please print)

Name of Parent/Guardian: \_\_\_\_\_

(please print)

Signature of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

**Consent Form and Liability Waiver for Seneca Kids Run!**

I hereby grant permission for my child \_\_\_\_\_,  
(please print student's name)

to participate in Seneca Academy's Seneca Kids Run (herein-  
after referred to as "SASKR"). I understand and acknowledge  
that participants in SASKR may incur personal or bodily harm.  
By signing this agreement, I assume all risks for my child and  
accept full responsibility for any and all damages of injuries  
of any kind. I understand that Seneca Academy will supervise  
SASKR and provide reasonable care of all participants.

Name of Parent/Guardian: \_\_\_\_\_  
(please print)

Signature of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_